



## **DCRM Multispecialty Practice Recommendations for the Management of Diabetes, Cardiorenal, and Metabolic Diseases to be Released on December 03, 2021**

**LOS ANGELES (November 09, 2021)** – The [Diabetes Cardiorenal & Metabolism Institute](#) (DCMi) has announced the upcoming simultaneous publication and presentation of new multispecialty practice recommendations aimed at helping Primary Care physicians and specialists to effectively and wholistically manage complex patients with diabetes and/or cardiorenal metabolic diseases.

The Diabetes, CardioRenal Metabolic Diseases (DCRM) Task Force will publish the new DCRM Multispecialty Practice Recommendations in the [Journal of Diabetes and Its Complications](#) simultaneous to presenting it at the 19<sup>th</sup> Annual [World Congress on Insulin Resistance, Diabetes & Cardiovascular Disease](#) (WCIRDC) in Los Angeles, California, on December 03, 2021.

“We have developed the DCRM Practice Recommendations- a multispecialty consensus on the comprehensive management of diabetes, cardiorenal and metabolic diseases- to fill a void by creating, for the first time, practice recommendations for these complex patients. Contemporary CVOTs results transcend beyond the traditional single medical field and reach across multiple disciplines. As such, no single medical society is truly capable of developing a multifaceted comprehensive guidance. This unique initiative incorporated multiple specialties: Cardiology, Endocrinology, Primary Care, and Nephrology in developing recommendations addressing the whole patient. These clinical recommendations will target the specialists and Primary Care clinicians alike, with focus on the non-experts, making the recommendations clinically relevant and simple to implement,” stated Dr. Yehuda Handelsman, Founder of the DCMi, Chair of DCRM Task Force, and Chair and Program Director of the annual WCIRDC Conference.

The DCRM task force members are recognized leaders in their respective fields including past presidents and senior leaders of major societies like the American Diabetes Association (ADA), American Heart Association (AHA), American Association of Clinical Endocrinology (AACE), Heart Failure Society of America (HFSA), American College of Cardiology (ACC), Kidney Disease: Improving Global Outcomes (KDIGO) and others. Many of the prominent task force members will be in attendance at the 19<sup>th</sup> Annual WCIRDC, reviewing and discussing these practice recommendations.

This new consensus bridges the complex aspect of diabetes, obesity and associated comorbidities. The recommendations will be available in a slide deck for ease of use and accompanied by a written supporting document. Once published, it will be free to read and download.

Those interested in attending the 19<sup>th</sup> WCIRDC may register online at [wcir.org/registration](http://wcir.org/registration).

Members of the media are encouraged to attend the conference to learn about the guidance first-hand. For a complimentary media badge, please contact Audrey Chittick and provide press credentials.

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### **About the Diabetes Cardiorenal & Metabolism Institute (DCMi)**

Founded by Dr. Yehuda Handelsman, the Diabetes Cardiorenal & Metabolism Institute, DCMi, is developing a comprehensive understanding and providing state-of-the-art solutions addressing the needs of the whole patient with metabolic conditions. The Institute assembles recognized global experts in diabetes, cardiology, nephrology, and other metabolic conditions to address the complex clinical challenges and gaps in prevention and management. DCMi's vision is to be the most trusted source for multispecialty management of diabetes, obesity, cardiorenal, and metabolic diseases in order to improve the longevity and quality of patients' lives. To learn more, please visit [www.dcrmi.com](http://www.dcrmi.com).

### **About the World Congress on Insulin Resistance, Diabetes & Cardiovascular Disease**

The World Congress on Insulin Resistance, Diabetes & Cardiovascular Disease (WCIRDC), now in its 19th year, is a unique and exciting multidisciplinary CME program. The Congress is the premier global meeting dedicated to diabetes, obesity, lipids, cardiovascular-kidney and liver disease linking basic research to clinical practice in pursuit of our theme: Exploring New Frontiers in Metabolism — Tomorrow's Clinical Science Today. Since its inception in 2002 by Professor Gerald Reaven, Stanford (Syndrome X- the insulin Resistance Syndrome) and Yehuda Handelsman, Chair and Program director of the WCIRDC, the Congress has been the premier international meeting where researchers, physicians, and other healthcare professionals have gathered to bridge the gap between bench and bedside in the disciplines of diabetes, obesity, lipids, the heart, liver, kidney and metabolism. The hallmark of the conference is its unique focus on implication to practice by leading experts through interactive panels, connecting research to clinical in the cardiorenal metabolic community.

### **About the Journal Diabetes and Its Complications**

Journal of Diabetes and Its Complications (JDC) is a journal for health care practitioners and researchers, that publishes original research about the pathogenesis, diagnosis and management of diabetes mellitus and its complications. JDC also publishes articles on physiological and molecular aspects of glucose homeostasis. The primary purpose of JDC is to act as a source of information usable by diabetes practitioners and researchers to increase their knowledge about mechanisms of diabetes and complications development, and promote better management of people with diabetes who are at risk for those complications. Topics range broadly from early prediabetes to late-stage complicated diabetes, relevant to diabetic complications include diabetic retinopathy, neuropathy and nephropathy; peripheral vascular disease and coronary heart disease; gastrointestinal disorders, renal failure and impotence; and hypertension and hyperlipidemia.

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