



Now Available: DCRM Multispecialty Practice Recommendations for the Management of Diabetes, Cardiorenal, and Metabolic Diseases Presented & Published Today

LOS ANGELES (December 03, 2021) – Simultaneously presented during the 19th Annual [World Congress on Insulin Resistance, Diabetes & Cardiovascular Disease](#) (WCIRDC) Conference and published in the [Journal of Diabetes and Its Complications](#) today, the DCRM multispecialty practice recommendations are now available. These groundbreaking recommendations, which can be downloaded for free from the journal website and the slide deck from the DCMi [website](#), are providing primary care physicians and specialists alike with an essential tool to effectively manage patients with diabetes and/or cardiorenal metabolic diseases.

The new recommendations cover complex multidisciplinary clinical topics including ASCVD, NAFLD/NASH, Lipids, Hyperglycemia, Hypoglycemia, CKD, Anticoagulation, and many more. One reviewer from the journal commented, "...This is one of the most comprehensive and outstanding reviews I have seen in recent times. The Figures and Tables are fabulous. I really could not find any major errors or defects. It's quite updated as well, with 202 references." A second reviewer added, "...It looks good. Well written. Easy to understand...."

The DCRM Task Force members are all top in their respective fields including endocrinology, cardiology, nephrology, diabetology, lipidology and primary care. The [Diabetes Cardiorenal & Metabolism Institute](#) assembled the all-star DCRM (Diabetes, CardioRenal, and Metabolic Diseases) Task Force, reaching across specialties to create the comprehensive consensus examining diabetes, obesity and associated comorbidities.

Many of the prominent task force members were in attendance this afternoon at the 19th Annual WCIRDC, reviewing the specific topics they helped formulate within the manuscript and slide deck.

If you missed the live presentation of these recommendations, you can watch the on-demand session on the 19th WCIRDC virtual platform (make sure you're registered as an attendee first): www.wcir.org/virtualplatform.

Members of the media interested in speaking with Yehuda Handelsman, MD, or any of the DCRM Task Force members, may contact Audrey Chittick.

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About the Diabetes Cardiorenal & Metabolism Institute (DCMi)

Founded by Dr. Yehuda Handelsman, the Diabetes Cardiorenal & Metabolism Institute, DCMi, is developing a comprehensive understanding and providing state-of-the-art solutions addressing the needs of the whole patient with metabolic conditions. The Institute assembles recognized global experts in diabetes, cardiology, nephrology, and other metabolic conditions to address the complex clinical challenges and gaps in prevention and management. DCMi's vision is to be the most trusted

source for multispecialty management of diabetes, obesity, cardiorenal, and metabolic diseases in order to improve the longevity and quality of patients' lives. To learn more, please visit www.dcrmi.com.

About the World Congress on Insulin Resistance, Diabetes & Cardiovascular Disease

The World Congress on Insulin Resistance, Diabetes & Cardiovascular Disease (WCIRDC), now in its 19th year, is a unique and exciting multidisciplinary CME program. The Congress is the premier global meeting dedicated to diabetes, obesity, lipids, cardiovascular-kidney and liver disease linking basic research to clinical practice in pursuit of our theme: Exploring New Frontiers in Metabolism — Tomorrow's Clinical Science Today. Since its inception in 2002 by Professor Gerald Reaven, Stanford (Syndrome X- the insulin Resistance Syndrome) and Yehuda Handelsman, Chair and Program director of the WCIRDC, the Congress has been the premier international meeting where researchers, physicians, and other healthcare professionals have gathered to bridge the gap between bench and bedside in the disciplines of diabetes, obesity, lipids, the heart, liver, kidney and metabolism. The hallmark of the conference is its unique focus on implication to practice by leading experts through interactive panels, connecting research to clinical in the cardiorenal metabolic community.

About the Journal Diabetes and Its Complications

Journal of Diabetes and Its Complications (JDC) is a journal for health care practitioners and researchers, that publishes original research about the pathogenesis, diagnosis and management of diabetes mellitus and its complications. JDC also publishes articles on physiological and molecular aspects of glucose homeostasis. The primary purpose of JDC is to act as a source of information usable by diabetes practitioners and researchers to increase their knowledge about mechanisms of diabetes and complications development, and promote better management of people with diabetes who are at risk for those complications. Topics range broadly from early prediabetes to late-stage complicated diabetes, relevant to diabetic complications include diabetic retinopathy, neuropathy and nephropathy; peripheral vascular disease and coronary heart disease; gastrointestinal disorders, renal failure and impotence; and hypertension and hyperlipidemia.

Editor-in-Chief Vivian Fonseca, MD, Tulane University Health Sciences Center, New Orleans, Louisiana